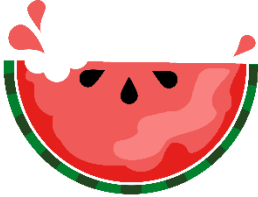






# AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>Breakfast</b> WG Cereal, Banana & Milk <b>Lunch</b> Hardboiled Egg with Bowtie Soup, Small Potato, Mix Vegetables & Milk <b>Snack</b> Animal Crackers & Golden Melon	<b>Breakfast</b> Waffles, Cuties & Milk <b>Lunch</b> Tuna Salad, Corn, Ritz Crackers, Honey Dew & Milk <b>Snack</b> WG Graham crackers & Bananas	<b>Breakfast</b> Seasonal Muffins, Watermelon & Milk <b>Lunch</b> Turkey Stew with WG Rice, Mixed Vegetables, Orange & Milk <b>Snack</b> WG Nutri Grain Bar & Orange	<b>Breakfast</b> WG Bagel, Honey Dew & Milk <b>Lunch</b> Mac & Cheese, Broccoli, Pears, Broccoli & Milk <b>Snack</b> Rice Krispie & Cantaloupe	<b>Breakfast</b> WG Pancakes, Cuties & Milk <b>Lunch</b> Beans, WG rice, apples, tomato & Milk <b>Snack</b> WG Granola Bar & Watermelon
<b>Breakfast</b> WG Cereal, Strawberries & Milk <b>Lunch</b> WG Spaghetti with Ground Turkey, Green Beans, Apples & Milk <b>Snack</b> Gogo Squeeze Yogurt & Oranges	<b>Breakfast</b> WG Oatmeal, Pears & Milk <b>Lunch</b> Cheese Quesadilla, Cauliflower, Apples & Milk <b>Snack</b> String Cheese & Watermelon	<b>Breakfast</b> Seasonal Muffins, Pineapple & Milk <b>Lunch</b> Lentils with WG Brown Rice, Tomato, Cantaloupe & Milk <b>Snack</b> Gram Crackers & Grapes	<b>Breakfast</b> WG Toast with Jelly, Banana & Milk <b>Lunch</b> WG Turkey Ham Sandwich, Orange, Cucumber & Milk <b>Snack</b> Cheez-it & Apple Sauce	<b>Breakfast</b> Butter Croissant, Orange & Milk <b>Lunch</b> WG Chicken Nuggets, Broccoli, Apples & Milk <b>Snack</b> WG Oat Honey Granola Bar & Honey Dew
<b>Breakfast</b> WG Cereal, Banana & Milk <b>Lunch</b> Hardboiled Egg with Bowtie Soup, Small Potato, Mix Vegetables & Milk <b>Snack</b> Animal Crackers & Golden Melon	<b>Breakfast</b> Waffles, Cuties & Milk <b>Lunch</b> Tuna Salad, Corn, Ritz Crackers, Honey Dew & Milk <b>Snack</b> WG Graham crackers & Bananas	<b>Breakfast</b> Seasonal Muffins, Watermelon & Milk <b>Lunch</b> Turkey Stew with WG Rice, Mixed Vegetables, Orange & Milk <b>Snack</b> WG Nutri Grain Bar & Orange	<b>Breakfast</b> WG Bagel, Honey Dew & Milk <b>Lunch</b> Mac & Cheese, Broccoli, Pears, Broccoli & Milk <b>Snack</b> Rice Krispie & Cantaloupe	<b>Breakfast</b> WG Pancakes, Cuties & Milk <b>Lunch</b> Beans, WG rice, apples, tomato & Milk <b>Snack</b> WG Granola Bar & Watermelon
<b>Breakfast</b> WG Cereal, Strawberries & Milk <b>Lunch</b> WG Spaghetti with Ground Turkey, Green Beans, Apples & Milk <b>Snack</b> Gogo Squeeze Yogurt & Oranges	<b>Breakfast</b> WG Oatmeal, Pears & Milk <b>Lunch</b> Cheese Quesadilla, Cauliflower, Apples & Milk <b>Snack</b> String Cheese & Watermelon	<b>Breakfast</b> Seasonal Muffins, Pineapple & Milk <b>Lunch</b> Lentils with WG Brown Rice, Tomato, Cantaloupe & Milk <b>Snack</b> Gram Crackers & Grapes	<b>Breakfast</b> WG Toast with Jelly, Banana & Milk <b>Lunch</b> WG Turkey Ham Sandwich, Orange, Cucumber & Milk <b>Snack</b> Cheez-it & Apple Sauce	<b>Breakfast</b> Butter Croissant, Orange & Milk <b>Lunch</b> WG Chicken Nuggets, Broccoli, Apples & Milk <b>Snack</b> WG Oat Honey Granola Bar & Honey Dew

Infants 6 Weeks to 5 Months 4-6 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch & Snack

Infants 6-11 Months 6-8 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch (Food will be served in form of pureed, mashed, ground, or finely chopped) Snack 2-4 oz breast milk/Iron-Fortified Formula

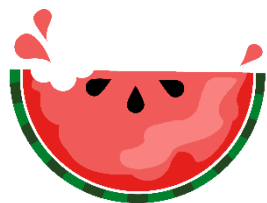
Infants 12-24 months: Whole Milk Preschoolers: 2+ years 1% milk This institution is an equal opportunity provider by: USDA

Infants from 6weeks -5 months drink  
Breast milk or Formula Only

# AUGUST

Infants from 6 months to 11 months drink  
Breast milk or formula and purees

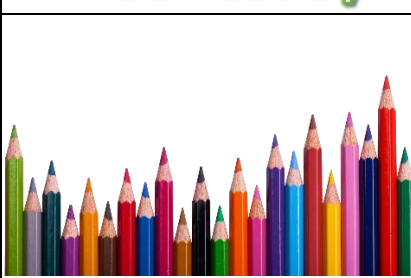
Monday



Tuesday



Wednesday



Thursday



Friday

1

**Breakfast**

Butter Croissant, Cuties & formula or breast milk

**Lunch**

Hardboiled Egg with Bowtie Soup, Apple, Mix Vegetables & formula or breast milk

**Snack**

Teethers, Watermelon & formula or breast milk

4

**Breakfast**

Infant Cereal, Banana & formula/breast milk

**Lunch**

Hardboiled Egg with Bowtie Soup, Small Potato, Mix Vegetables & formula/breast milk

**Snack**

Animal Crackers, Golden Melon & formula/breast milk

5

**Breakfast**

Waffles, Cuties & formula or breast milk

**Lunch**

Hardboiled Egg with Bowtie Soup, Small Potato, Honey Dew & formula or breast milk

**Snack**

Lil Crunchies, Bananas & formula or breast milk

6

**Breakfast**

Seasonal Muffins, Watermelon & formula or breast milk

**Lunch**

Turkey Stew with WG Rice, Mixed Vegetables, Orange & formula or breast milk

**Snack**

Bread, Orange & formula or breast milk

7

**Breakfast**

WG Bagel, Honey Dew & formula or breast milk

**Lunch**

Turkey Stew with WG rice, mixed veggies, Pears & formula or breast milk

**Snack**

Yogurt melts, Cantaloupe & formula or breast milk

8

**Breakfast**

WG Pancakes, Orange & formula or breast milk

**Lunch**

Beans with WG Brown Rice, Apples, & formula or breast milk

**Snack**

Teething Sticks, Honey dew & formula or breast milk

11

**Breakfast**

Infant Cereal, Strawberries & formula/breast milk

**Lunch**

WG Spaghetti with Ground Turkey, Green Beans, Grapes & formula/breast milk

**Snack**

Bread, Oranges & formula/breast milk

12

**Breakfast**

Cooked Oatmeal, Pears & formula or breast milk

**Lunch**

Cheese Quesadilla, Cauliflower, Apples & formula or breast milk

**Snack**

Yogurt melts, Watermelon & formula/breast milk

13

**Breakfast**

Seasonal Muffins, Watermelon & formula or breast milk

**Lunch**

Lentils with WG Brown Rice, Tomato, Cantaloupe & formula/breast milk

**Snack**

Teething Sticks, Orange & formula/breast milk

14

**Breakfast**

WG Toast with Jelly, Banana & formula/breast milk

**Lunch**

Lentils with WG Brown Rice, Tomato, Orange, & formula/breast milk

**Snack**

Whipped Melts, Apple Sauce & formula/breast milk

15

**Breakfast**

Butter Croissant, Cuties & formula or breast milk

**Lunch**

Hardboiled Egg with Bowtie Soup, Apple, Mix Vegetables & formula or breast milk

**Snack**

Teethers, Watermelon & formula or breast milk

18

**Breakfast**

Infant Cereal, Banana & formula/breast milk

**Lunch**

Hardboiled Egg with Bowtie Soup, Small Potato, Mix Vegetables & formula/breast milk

**Snack**

Animal Crackers, Golden Melon & formula/breast milk

19

**Breakfast**

Waffles, Cuties & formula or breast milk

**Lunch**

Hardboiled Egg with Bowtie Soup, Small Potato, Honey Dew & formula or breast milk

**Snack**

Lil Crunchies, Bananas & formula or breast milk

20

**Breakfast**

Seasonal Muffins, Watermelon & formula or breast milk

**Lunch**

Turkey Stew with WG Rice, Mixed Vegetables, Orange & formula or breast milk

**Snack**

Bread, Orange & formula or breast milk

21

**Breakfast**

WG Bagel, Honey Dew & formula or breast milk

**Lunch**

Turkey Stew with WG rice, mixed veggies, Pears & formula or breast milk

**Snack**

Yogurt melts, Cantaloupe & formula or breast milk

22

**Breakfast**

WG Pancakes, Oranges & Formula/breast milk

**Lunch**

Beans with WG brown Rice, Apples & Formula/breast milk

**Snack**

Teething Sticks, Honey Dew & formula/breast milk

25

**Breakfast**

Infant Cereal, Strawberries & formula/breast milk

**Lunch**

WG Spaghetti with Ground Turkey, Green Beans, Grapes & formula/breast milk

**Snack**

Bread, Oranges & formula/breast milk

26

**Breakfast**

Cooked Oatmeal, Pears & formula or breast milk

**Lunch**

Cheese Quesadilla, Cauliflower, Apples & formula or breast milk

**Snack**

Yogurt melts, Watermelon & formula/breast milk

27

**Breakfast**

Seasonal Muffins, Watermelon & formula or breast milk

**Lunch**

Lentils with WG Brown Rice, Tomato, Cantaloupe & formula/breast milk

**Snack**

Teething Sticks, Orange & formula/breast milk

28

**Breakfast**

WG Toast with Jelly, Banana & formula/breast milk

**Lunch**

Lentils with WG Brown Rice, Tomato, Orange, & formula/breast milk

**Snack**

Whipped Melts, Apple Sauce & formula/breast milk

29

**Breakfast**

Butter Croissant, Cuties & formula or breast milk

**Lunch**

Hardboiled Egg with Bowtie Soup, Apple, Mix Vegetables & formula or breast milk

**Snack**

Teethers, Watermelon & formula or breast milk

Infants	Birth through 5 months	6 through 11 months
Breakfast, Lunch, or Supper	4-6 fluid ounces breast milk <sup>1</sup> or formula <sup>2</sup>	<p>6-8 fluid ounces breast milk<sup>1</sup> or formula;<sup>2</sup> and</p> <p>0-½ ounce equivalent infant cereal;<sup>2,3</sup> or 0-4 tablespoons:</p> <p>meat, fish, poultry, whole egg, cooked dry beans, peas, and lentils; or</p> <p>0-2 ounces of cheese; or 0-4 ounces (volume) of cottage cheese; or 0-4 ounces or ½ cup of yogurt;<sup>4</sup> or a combination of the above;<sup>5</sup> and</p> <p>0-2 tablespoons vegetable or fruit, or a combination of both.<sup>5,6</sup></p>
Snack	4-6 fluid ounces breast milk <sup>1</sup> or formula <sup>2</sup>	<p>2-4 fluid ounces breast milk<sup>1</sup> or formula;<sup>2</sup> and</p> <p>0-½ ounce equivalent bread;<sup>3,7</sup> or 0-¼ ounce equivalent crackers;<sup>3,7</sup> or 0-½ ounce equivalent infant cereal;<sup>2,3</sup> or 0-¼ ounce equivalent ready-to-eat breakfast cereal;<sup>3,5,7,8</sup> and</p> <p>0-2 tablespoons vegetable or fruit, or a combination of both.<sup>5,6</sup></p>

<sup>1</sup> Breast milk or formula, or portions of both, must be served; however, it is recommended that breast milk be served from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered at a later time if the infant will consume more.

<sup>2</sup> Infant formula and dry infant cereal must be iron-fortified.

<sup>3</sup> Information on crediting grain items may be found in FNS guidance.

<sup>4</sup> Through Sept. 30, 2025, yogurt must contain no more than 23 grams of total sugars per 6 ounces. By Oct. 1, 2025, yogurt must contain no more than 12 grams of added sugars per 6 ounces (2 grams of added sugars per ounce).

<sup>5</sup> A serving of this component is required when the infant is developmentally ready to accept it.

<sup>6</sup> Fruit and vegetable juices must not be served.

<sup>7</sup> A serving of grains must be whole grain-rich, enriched meal, enriched flour, bran, or germ.

<sup>8</sup> Through Sept. 30, 2025, breakfast cereals must contain no more than 6 grams of total sugars per dry ounce. By Oct. 1, 2025, breakfast cereals must contain no more than 6 grams of added sugars per dry ounce.