

"You have brains in your head, you have feet in your shoes. You can steer yourself in any direction you choose." - Dr. Seuss

Dear Tiny Thinkers Families,

Spring is here, bringing sunshine, blooming flowers, and fresh new beginnings! Just like nature, our little learners are blossoming with knowledge each day. Each child adds color and joy to our Tiny Thinkers Garden, making every day special.

As we step into March, we want to remind you of the exciting events planned for this month. We wouldn't want your little one to miss out on these fun activities!

We also want to express our heartfelt gratitude to all the parents, family members, and friends who continuously support our school and its events. Your involvement helps create memorable experiences for the children, and we truly appreciate your being part of the Tiny Thinkers family.

Here are some of the exciting things we have planned:

Upcoming Events:

1. <u>Dr. Seuss Week of Activities:</u> There is going to be a week full of Dr. Seuss activities in which your child can participate. The activities are listed below.

Monday 3/3/2025— "The cat in the hat" Wear stripes and/or your favorite hat

Tuesday 3/4/2025 – "One fish, two fish" Wear the colors red or blue.

Wednesday 3/5/2025 – "Wacky Wednesday" Wear clothes backwards, inside out, and mismatched

Thursday 3/6/2025 – "The hair book" Crazy Hair Day

Friday 3/7/2025 – "Sleep book" Pajama Day

- 2. International Women's Day: We will be celebrating International Women's Day on Friday 3/07/2025.
- 3. <u>Time Change Daylight Saving Time:</u> Daylight Saving Time will begin which means that we need to change our clocks to 1 hour ahead on Sunday 3/9/2025.
- 4. St. Patrick's Potluck: Our St. Patrick's potluck will be on Monday 3/17/2025, we would like all the children to wear green on this day. There is going to be a snack list provided in which you can sign up to bring in an item for the potluck that the children will have in class. Please make sure that any item brought in is in a disposable container and if your item requires a utensil to be used, please make sure a disposable utensil is provided along with the container. Please keep in mind we are a NUT FREE facility.

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Resources: In this section you will find important information which contains important resources for parents.

Pink Eye, Allergies & Most Common Disease:

Understanding Pink Eye and Allergies in Children

Pink eye, also known as conjunctivitis, is the inflammation or infection of the transparent membrane that lines the eyelid and eyeball. It is commonly caused by viral infections, bacterial infections, or allergic reactions.

- Viral Conjunctivitis often occurs alongside a cold, flu, or respiratory infection. It typically produces watery discharge rather than thick mucus.
- Bacterial Conjunctivitis is more likely to cause thick discharge, which can make the eyelids stick together.
- Allergic Conjunctivitis usually affects both eyes and is associated with allergy symptoms such as an itchy nose, sneezing, a scratchy throat, or asthma.

Pink eye can be highly contagious, especially viral and bacterial forms. Early treatment can help limit its spread. To reduce the risk of transmission, practice good hygiene, including:

- Avoid touching your eyes with your hands
- Washing hands frequently
- Using separate towels and pillowcases

Pink eye is even more contagious than the common cold. While medical attention is not always necessary, it is important to recognize when a visit to a healthcare provider may be needed. Check the resources provided for guidance on when to seek medical care.

Understanding Allergies in Children

Allergies are immune system reactions to substances that are usually harmless. Children with allergies have an oversensitive immune response, which can sometimes be confused with other conditions like asthma. Identifying the cause of allergies can be challenging, but healthcare providers can perform tests to diagnose specific allergens.

Common Childhood Illnesses

The most common illnesses in children from birth to age five include fevers, colds, and the flu. Understanding the symptoms and causes of these conditions can help in early detection and proper care.

Please take a moment to review the resources provided for more information on the pink eye, allergies, and childhood illnesses.

Websites with great information please check out.

- https://www.mayoclinic.org/diseases-conditions/pink-eye/symptoms-causes/syc-20376355
- https://www.cdc.gov/conjunctivitis/about/symptoms.html.
- https://www.cedars-sinai.org/health-library/diseases-and-conditions---pediatrics/a/allergies-in-children.html
- https://www.healthychildren.org/English/health-issues/conditions/allergies-asthma/Pages/Seasonal-Allergies-in-Children.aspx
- https://www.first5california.com/en-us/articles/fever-cold-and-flu/#:~:text=Fevers%2C%20colds%2C%20and%20the%20flu,from%20birth%20through%20age%20five.

We encourage parents and guardians to engage with their children and explore what they have been learning in preschool. Your involvement helps reinforce their growth and development. As always, please don't hesitate to reach out if you have any questions or concerns.

Thank you for your ongoing support and partnership. We look forward to continuing this journey with you and your children, fostering a lifelong love of learning and curiosity.

March Announcement

We want to inform you that we will be implementing a wellness checklist for all students during arrival and pickup times. This is part of our commitment to maintaining a safe and healthy environment for everyone at our school. Please be aware that teachers may take a little extra time during drop-off and pickup to complete these health checks. This process is a key part of our new procedures to ensure each child is feeling well and ready for the day or heading home safely. We appreciate your patience and cooperation as we prioritize the well-being of our students and staff. If you have any questions or concerns, please don't hesitate to reach out.

March Reminders

- Vaccinations: Please ensure your child's vaccinations are up to date to help prevent illness.
- Car Seat Safety: Keep your child safe by using the appropriate car seat or booster seat.
- Labeled Belongings: All personal items must be labeled clearly with your child's first and last name.
- Parking Lot Safety: When entering and exiting the school parking lot, please stay alert and be mindful of children and families.
- School Closing Time: The school parking lot and facility close promptly at 6:00 p.m.
- Car Seat & Stroller Storage: We do not have a secure space to store car seats or strollers. Tiny Thinkers Preschool is not responsible for any items left outside the facility.

Important Note:

The school does not offer make-up or substitute days for absences. There are no refunds for missed days, and tuition is not prorated for vacations, illness, holidays, or school closures.

For any questions or concerns, please feel free to call or email us. Thank you for your cooperation!

North Hills

Email: info.nh@tinythinkers.com Telephone: 818-892-2655

Canoga Park

Email: info.cp@tinythinkers.com Telephone: 818-346-3035

Santa Clarita

Email: info.sc@tinythinkers.com Telephone: 661-296-0175



Teachers Corner

This month our focus topic will be:

Theme: Dr. Seuss; Life Cycle of a Plant; St. Patrick's Day; Sea Animals Letter: (Ladybugs & Butterflies) Oo, Pp; Qq, Rr (BB1 & BB2) It, Can, To, Us, Me, Not; I, Away, Are, Is, Big & See

Number: (Ladybugs & Butterflies) 14; 15 (BB1 & BB2) 28 & 29; 30 & 31

Color: Black= Yellow + Red + Blue; Green

Shape: Nonagon; Decagon

Science: Oobleck; Rainbow Experiment

<u>Cooking:</u> Sunflower Fruit Plant; Octopus Hot Dogs <u>Sign Language:</u> Book & Grow; Rainbow & Fish

Sight Words: She & All; He & No

Spanish Vocabulario: Escritor, Libros, Ilustrador & Creatividad; Arcoíris, Duende,

Verde, Amarillo, Pescado

<u>Canción en Español:</u> La Vaca Lola; Una Rata Vieja <u>Songs:</u> Happy Birthday; I am Little Leprechaun

Character of Education: "Be a Good Listener", "Use Kind Words"; "Be Fair and

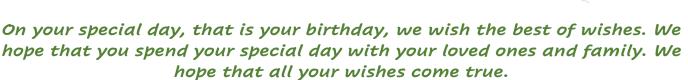
Just", "Be a Good Listener"

Outdoor Painting: Ice Chalk Painting; Finger Paint

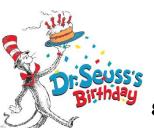
<u>Outdoor Gross Motor Skills:</u> Soccer; Sort the Balls in the Hula Hoops

Sensory: Sponges and Water Bin; Sand and Seashells Bin









Sum. 3/2/2025 Dr. Seuss Birthday

Mon. 3/3-Fri. 3/7/2025 Dr. Seuss Week

Sat. 3/8/2025 International Women's Day



Mon. 3/17/2025 St. Patrick's Snack Party – Wear Green

Thurs. 3/20/2024 Spring Season Begins

Tues. 3/25/2024 International Waffle Day



Mon. 3/31/2024 Cesar Chavez Day



