

JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
				
6	7	8	9	10
Breakfast Cereal, Banana & Milk Lunch WG Turkey Ham Sandwich, Orange, Cucumber & Milk Snack Animal Crackers & Golden Melon	Breakfast Waffles, Cuties & Milk Lunch Tuna Salad, Corn, Ritz Crackers, Honey Dew & Milk Snack WG Graham Crackers & Bananas	Breakfast Seasonal Muffins, Watermelon & Milk Lunch Chicken Nuggets, Broccoli, Apples & Milk Snack WG Nutri Grain Bar & Orange	Breakfast WG Toast with Jelly, Banana & Milk Lunch Lentils with Brown Rice, Tomato, Cantaloupe & Milk Snack Cheeze-It & Apple Sauce	Breakfast Butter Croissant, Orange & Milk Lunch Hardboiled Eggs with Bowtie Soup, Small Potato, Mixed Veggies & Milk Snack WG Oat Honey Granola Bar & Honey Dew
13	14	15	16	17
Breakfast WG Cereal, Strawberries & Milk Lunch WG Spaghetti with Ground Turkey, Green Beans, Grapes & Milk Snack Gogo Squeeze Yogurt & Oranges	Breakfast WG Oatmeal, Pears & Milk Lunch Cheese Quesadilla, Cauliflower, Apples & Milk Snack String Cheese & Watermelon	Breakfast Seasonal Muffins, Pineapple & Milk Lunch Turkey Stew with WG Brown Rice, Mixed Vegetables, Orange & Milk Snack Goldfish Crackers & Grapes	Breakfast WG Toast with Jelly, Banana & Milk Lunch Lentils with Brown Rice, Tomato, Cantaloupe & Milk Snack Cheeze-It & Apple Sauce	Breakfast Butter Croissant, Orange & Milk Lunch Hardboiled Eggs with Bowtie Soup, Small Potato, Mixed Veggies & Milk Snack WG Oat Honey Granola Bar & Honey Dew
20	21	22	23	24
				
27	28	29	30	31
Breakfast WG Cereal, Strawberries & Milk Lunch WG Spaghetti with Ground Turkey, Green Beans, Grapes & Milk Snack Gogo Squeeze Yogurt & Oranges	Breakfast WG Oatmeal, Pears & Milk Lunch Cheese Quesadilla, Cauliflower, Apples & Milk Snack String Cheese & Watermelon	Breakfast Seasonal Muffins, Pineapple & Milk Lunch Turkey Stew with WG Brown Rice, Mixed Vegetables, Orange & Milk Snack Goldfish Crackers & Grapes	Breakfast WG Toast with Jelly, Banana & Milk Lunch Lentils with Brown Rice, Tomato, Cantaloupe & Milk Snack Cheeze-It & Apple Sauce	Breakfast Butter Croissant, Orange & Milk Lunch Hardboiled Eggs with Bowtie Soup, Small Potato, Mixed Veggies & Milk Snack WG Oat Honey Granola Bar & Honey Dew

Infants 6 Weeks to 5 Months 4-6 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch & Snack

Infants 6-11 Months 6-8 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch (Food will be served in form of pureed, mashed, ground, or finely chopped) Snack 2-4 oz breast milk/Iron-Fortified Formula

Infants 12-24 months: Whole Milk Preschoolers: 2+ years 1% milk

This institution is an equal opportunity provider by: USDA