






DECEMBER

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| <p>2</p> <p>Breakfast WG Cereal, Strawberries & Milk</p> <p>Lunch WG Spaghetti with Ground Turkey, Green Beans, Grapes & Milk</p> <p>Snack Gogo Squeeze Yogurt & Oranges</p> | <p>3</p> <p>Breakfast WG Oatmeal, Pears & Milk</p> <p>Lunch Cheese Quesadilla, Cauliflower, Apples & Milk</p> <p>Snack String Cheese & Watermelon</p> | <p>4</p> <p>Breakfast Seasonal Muffins, Pineapple & Milk</p> <p>Lunch Turkey Stew with WG Brown Rice, Mixed Vegetables, Orange & Milk</p> <p>Snack Goldfish Crackers & Grapes</p> | <p>5</p> <p>Breakfast WG Toast with Jelly, Banana & Milk</p> <p>Lunch Lentils with Brown Rice, Tomato, Cantaloupe & Milk</p> <p>Snack Cheeze-It & Apple Sauce</p> | <p>6</p> <p>Breakfast Butter Croissant, Orange & Milk</p> <p>Lunch Hardboiled Eggs with Bowtie Soup, Small Potato, Mixed Veggies & Milk</p> <p>Snack WG Oat Honey Granola Bar & Honey Dew</p> |
| <p>9</p> <p>Breakfast Cereal, Banana & Milk</p> <p>Lunch WG Turkey Ham Sandwich, Orange, Cucumber & Milk</p> <p>Snack Animal Crackers & Golden Melon</p> | <p>10</p> <p>Breakfast Waffles, Cuties & Milk</p> <p>Lunch Tuna Salad, Corn, Ritz Crackers, Honey Dew & Milk</p> <p>Snack WG Graham Crackers & Bananas</p> | <p>11</p> <p>Breakfast Seasonal Muffins, Watermelon & Milk</p> <p>Lunch Chicken Nuggets, Broccoli, Apples & Milk</p> <p>Snack WG Nutri Grain Bar & Orange</p> | <p>12</p> <p>Breakfast WG Bagel, Honey Dew & Milk</p> <p>Lunch Beans with WG Brown Rice, Peas, Pears & Milk</p> <p>Snack Rice Krispie & Cantaloupe</p> | <p>13</p> <p>Breakfast Pancakes, Cuties & Milk</p> <p>Lunch Mac & Cheese, Broccoli, Apples, & Milk</p> <p>Snack WG Granola Bar & Watermelon</p> |
| <p>16</p> <p>Breakfast WG Cereal, Strawberries & Milk</p> <p>Lunch WG Spaghetti with Ground Turkey, Green Beans, Grapes & Milk</p> <p>Snack Gogo Squeeze Yogurt & Oranges</p> | <p>17</p> <p>Breakfast WG Oatmeal, Pears & Milk</p> <p>Lunch Cheese Quesadilla, Cauliflower, Apples & Milk</p> <p>Snack String Cheese & Watermelon</p> | <p>18</p> <p>Breakfast Seasonal Muffins, Pineapple & Milk</p> <p>Lunch Turkey Stew with WG Brown Rice, Mixed Vegetables, Orange & Milk</p> <p>Snack Goldfish Crackers & Grapes</p> | <p>19</p> <p>Breakfast WG Toast with Jelly, Banana & Milk</p> <p>Lunch Lentils with Brown Rice, Tomato, Cantaloupe & Milk</p> <p>Snack Cheeze-It & Apple Sauce</p> | <p>20</p> <p>Breakfast Butter Croissant, Orange & Milk</p> <p>Lunch Hardboiled Eggs with Bowtie Soup, Small Potato, Mixed Veggies & Milk</p> <p>Snack WG Oat Honey Granola Bar & Honey Dew</p> |
| <p>23</p> <p>Breakfast Cereal, Banana & Milk</p> <p>Lunch WG Turkey Ham Sandwich, Orange, Cucumber & Milk</p> <p>Snack Animal Crackers & Golden Melon</p> | <p>24</p> <p>Breakfast Waffles, Cuties & Milk</p> <p>Lunch Tuna Salad, Corn, Ritz Crackers, Honey Dew & Milk</p> <p>Snack WG Graham Crackers & Bananas</p> | <p>25</p> <p> </p> | <p>26</p> <p>Breakfast WG Bagel, Honey Dew & Milk</p> <p>Lunch Beans with WG Brown Rice, Peas, Pears & Milk</p> <p>Snack Rice Krispie & Cantaloupe</p> | <p>27</p> <p>Breakfast Pancakes, Cuties & Milk</p> <p>Lunch Mac & Cheese, Broccoli, Apples, & Milk</p> <p>Snack WG Granola Bar & Watermelon</p> |
| <p>30</p> <p>Breakfast WG Cereal, Strawberries & Milk</p> <p>Lunch WG Spaghetti with Ground Turkey, Green Beans, Grapes & Milk</p> <p>Snack Gogo Squeeze Yogurt & Oranges</p> | <p>31</p> <p>Breakfast WG Oatmeal, Pears & Milk</p> <p>Lunch Cheese Quesadilla, Cauliflower, Apples & Milk</p> <p>Snack String Cheese & Watermelon</p> | <p></p> | <p></p> | <p></p> |

Infants 6 Weeks to 5 Months 4-6 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch & Snack

Infants 6-11 Months 6-8 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch (Food will be served in form of pureed, mashed, ground, or finely chopped) Snack 2-4 oz breast milk/Iron-Fortified Formula

Infants 12-24 months: Whole Milk Preschoolers: 2+ years 1% milk

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