








# NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
				<p><b>1</b></p> <p><b>Breakfast</b> WG Pancakes, Cuties &amp; Milk <b>Lunch</b> Mac &amp; Cheese, Broccoli Apples, &amp; Milk <b>Snack</b> Cheeze-It &amp; Watermelon</p>
<p><b>4</b></p> <p><b>Breakfast</b> WG Cereal, Strawberries &amp; Milk <b>Lunch</b> WG Spaghetti with Ground Turkey, Green Beans, Grapes &amp; Milk <b>Snack</b> Gogo Squeeze Yogurt &amp; Oranges</p>	<p><b>5</b></p> <p><b>Breakfast</b> Oatmeal, Pears &amp; Milk <b>Lunch</b> Cheese Quesadilla, Cauliflower, Apples &amp; Milk <b>Snack</b> String Cheese &amp; Watermelon</p>	<p><b>6</b></p> <p><b>Breakfast</b> Seasonal Muffins, Pineapple &amp; Milk <b>Lunch</b> Turkey Stew with WG Rice, Mixed Vegetables, Orange &amp; Milk <b>Snack</b> Gram Crackers &amp; Grapes</p>	<p><b>7</b></p> <p><b>Breakfast</b> Butter Croissant, Orange &amp; Milk <b>Lunch</b> Lentils with Brown Rice, Tomato, Cantaloupe &amp; Milk <b>Snack</b> Saltine Crackers &amp; Apple Sauce</p>	<p><b>8</b></p> <p><b>Breakfast</b> WG Toast with Jelly, Banana &amp; Milk <b>Lunch</b> Hardboiled Eggs with Bowtie Soup, Small Potato, Mixed Veggies &amp; Milk <b>Snack</b> Granola Bars &amp; Honey Dew</p>
	<p><b>11</b></p> <p><b>Breakfast</b> Waffles, Cuties &amp; Milk <b>Lunch</b> Tuna Salad, Corn, Ritz Crackers, Honey Dew &amp; Milk <b>Snack</b> Goldfish crackers &amp; Bananas</p>	<p><b>12</b></p> <p><b>Breakfast</b> Seasonal Muffins, Watermelon &amp; Milk <b>Lunch</b> WG Chicken Nuggets, Broccoli, Apples &amp; Milk <b>Snack</b> Ritz crackers &amp; Orange</p>	<p><b>13</b></p> <p><b>Breakfast</b> WG Bagel, Honey Dew &amp; Milk <b>Lunch</b> Beans with Brown Rice, Peas, Pears &amp; Milk <b>Snack</b> Rice Krispie &amp; Cantaloupe</p>	<p><b>14</b></p> <p><b>Breakfast</b> WG Pancakes, Cuties &amp; Milk <b>Lunch</b> Mac &amp; Cheese, Broccoli Apples, &amp; Milk <b>Snack</b> Cheeze-It &amp; Watermelon</p>
<p><b>18</b></p> <p><b>Breakfast</b> WG Cereal, Strawberries &amp; Milk <b>Lunch</b> WG Spaghetti with Ground Turkey, Green Beans, Grapes &amp; Milk <b>Snack</b> Gogo Squeeze Yogurt &amp; Oranges</p>	<p><b>19</b></p> <p><b>Breakfast</b> Oatmeal, Pears &amp; Milk <b>Lunch</b> Cheese Quesadilla, Cauliflower, Apples &amp; Milk <b>Snack</b> String Cheese &amp; Watermelon</p>	<p><b>20</b></p> <p><b>Breakfast</b> Seasonal Muffins, Pineapple &amp; Milk <b>Lunch</b> Turkey Stew with WG Rice, Mixed Vegetables, Orange &amp; Milk <b>Snack</b> Gram Crackers &amp; Grapes</p>	<p><b>21</b></p> <p><b>Breakfast</b> Butter Croissant, Orange &amp; Milk <b>Lunch</b> Lentils with Brown Rice, Tomato, Cantaloupe &amp; Milk <b>Snack</b> Saltine Crackers &amp; Apple Sauce</p>	<p><b>22</b></p> <p><b>Breakfast</b> WG Toast with Jelly, Banana &amp; Milk <b>Lunch</b> Hardboiled Eggs with Bowtie Soup, Small Potato, Mixed Veggies &amp; Milk <b>Snack</b> Granola Bars &amp; Honey Dew</p>
<p><b>25</b></p> <p><b>Breakfast</b> WG Cereal, Banana &amp; Milk <b>Lunch</b> WG Turkey Ham Sandwich, Orange, Cucumber &amp; Milk <b>Snack</b> Animal Crackers &amp; Golden Melon</p>	<p><b>26</b></p> <p><b>Breakfast</b> Waffles, Cuties &amp; Milk <b>Lunch</b> Tuna Salad, Corn, Ritz Crackers, Honey Dew &amp; Milk <b>Snack</b> Goldfish crackers &amp; Bananas</p>	<p><b>27</b></p> <p><b>Breakfast</b> Seasonal Muffins, Watermelon &amp; Milk <b>Lunch</b> WG Chicken Nuggets, Broccoli, Apples &amp; Milk <b>Snack</b> Ritz crackers &amp; Orange</p>	 <p><b>28</b></p>	 <p><b>29</b></p>

Infants 6 Weeks to 5 Months 4-6 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch & Snack

Infants 6-11 Months 6-8 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch (Food will be served in form of pureed, mashed, ground, or finely chopped) Snack 2-4 oz breast milk/Iron-Fortified Formula

Infants 12-24 months: Whole Milk Preschoolers: 2+ years 1% milk

This institution is an equal opportunity provider by: USDA